

**INSTRUCTIONS AND INFORMATION FOR THE
2010 NORTHWEST DISTRICT LIMA SECTION V
GIRLS & BOYS DIVISION I & II SWIMMING & DIVING MEET**

LOCATION: Lima Family YMCA, 345 South Elizabeth Street, Lima
DATE: Swimming and Diving: Saturday, February 13, 2010
MANAGER: Dan Reinicke e-mail: rhinoh2o@aol.com
cell: 419-235-2744

Please refer to the Northwest District web site (www.nwdab.org) for additional Meet and Entry Information.

I. Admissions \$6 adults, \$4 students, \$3 heat sheets

II. Eligibility All participants must be eligible under OHSAA rules.

III. Entries **ALL entries must be received by the District Meet manager by 4:00pm, Sunday February 7th, 2010. Disk/e-mail entries on Hy-Tek are required. Follow instruction on the OHSAA web site and Northwest District web site.** **ALL entries and forms must be sent to the District Meet Manager. Do not send to the Sectional Manager.**

IV. Scratch Procedures To replace an individual after the **February 7th, 2010** entry deadline, permission will be granted for medical reasons ONLY – one must have an M.D. excuse in writing. The swimmer may be replaced only; the line up can not be changed.

V. District Qualifying

A. Swimming: Each sectional will automatically qualify one (1) Division I and one (1) Division II individual/relay for both girls and boys, with the remainder of the field of thirty two (32) advancing at-large. ***Automatics will not bump anyone who qualifies in the top 32. Note only the top (24) will qualify to swim in the relay events.***

B. Diving will be at-large with the top 32 11-dive scores from the sectional meets advancing to the District Meet from each division.

VI. Schedule: 7:00 A.M.	Doors open to viewing stands and pool for Diving.
7:15 - 8:25 A.M.	Diving warm-ups
8:30 A.M.	Begin Diving competition
End of Diving - Viewing stands and pool cleared	
11:30 A.M.*	Doors open to viewing stands and pool for Swimming
11:30 - 12:50 P.M.*	Swimming warm-ups
12:00 P.M.*	Coaches Meeting
1:00 P.M.*	Begin Swimming competition.

*Times are approximate and depend upon the conclusion of diving.

Please Note: We will simulate the District Championships in that there will be no odd number events starting within 20 minutes of each other. The 200 Freestyle Relays will start at the conclusion of the 500 Freestyles. We will estimate start times for each event to ensure that all contestants are getting adequate recovery between events. There will be a 15-minute break after the 100 Butterfly to accommodate the break scheduled for this years prelims meet format at State.

See estimated timeline below:

Start Time	Event
1:00 PM	200 Medley Relay
1:20 PM	200 Freestyle
1:40 PM	200 I.M.
2:00 PM	50 Freestyle
2:20 PM	100 Butterfly
-----15 Minute Break For State Meet Format-----	
2:55 PM	100 Freestyle
3:15 PM	500 Freestyle
TBD	200 Freestyle Relays
TBD	100 Backstroke
TBD	100 Breaststroke
-----10 Minute Break-----	
TBD	400 Freestyle Relays

Estimated finish time at 5:15pm

VII. Teams

BOYS: Bath, Findlay, Fort Recovery, Lima Central Catholic, Lima Senior, Marion

Local, Minster, New Bremen, Parkway, Shawnee (Lima), St. Henry and Wapakoneta.

GIRLS: Bath, Findlay, Fort Recovery, Lima Central Catholic, Lima Senior, Marion Local, Minster, New Bremen, Parkway, Shawnee (Lima), St. Henry and Wapakoneta.(12)

VII. Facility procedures at the Lima YMCA

A. Participant passes will be available on the morning of the meet with the Coach's packet at the ticket sales or at the concession stand. These passes are necessary to gain access to the pool deck.

B. No bags, coats, etc. will be permitted in the pool area. Each team will be assigned an area where these things may be left.

C. Swimmers are not permitted in spectator seating areas or those areas designated as "OFF LIMITS" by the YMCA. Swimmers or divers found in these areas will be disqualified from the meet.

D. Marshals will be enforcing the rules, so let's avoid any problems.

E. Parents are not allowed on the deck at any time, unless they are serving in a meet operation capacity.

F. Results will be posted outside of the concession area.

G. Parking:

1. Buses should enter the YMCA driveway from Elm Street to unload the Coaches and swimmers at the YMCA main entrance. Buses may park in the parking lot directly across from the YMCA or the parking lot located at the Southwest corner of West Spring Street and South West Street (PREFERRED).

2. Spectators should park in the lots West of South Elizabeth Street and NOT IN THE MAIN YMCA PARKING LOT. THESE CARS WILL BE TOWED.

H. There is no insurance coverage for personal or property damage. If there is damage to the facility, the school or schools causing the damage are liable and must pay the cost of repair or replacement.

I. **Concessions will be available. The YMCA has a strict policy that NO FOOD OR DRINK IS PERMITTED OUTSIDE OF THE CONCESSION AREA. This applies to both participants and spectators. Anyone caught with food or drink outside of the concession area will be asked to leave the premises without refund and/or PARTICIPANTS WILL BE DISQUALIFIED FROM FURTHER PARTICIPATION.**

VIII. Coaches Information:

A. All schools with contestants must have a coach or designated representative on the deck during the meet. All schools with swimming contestants must have a coach or designated representative at the coaches meeting at 12:00 P.M. The location of the meeting will be in your coach's packet. **ONLY ONE REPRESENTATIVE PER TEAM AT THE MEETING.**

B. Scratches are to be identified at the coaches meeting. **THERE WILL BE NO RESEEDING OF THE MEET DUE TO SCRATCHES OR ERRORS!**

C. There will be no times or lanes assigned to individual teams for warm-ups. There will be no diving off the blocks until lanes are opened for sprinting by the meet referee. **SPRINTING WILL BE ONE WAY ONLY!**

D. Scoring will be to sixteen places in accordance with the Federation Rules.

E. Coaches are responsible to see that their team area and deck area is clean after the meet is complete.